



Baxter Meets a Visitor



Storybook





“I’m ready!” said Baxter.
He put his toothbrush away.
Mum walked him to school
Like she did every day.

What he didn’t know yet
Was that soon there would be
A surprise that he NEVER
Thought he would see!



When he walked into class
His friends were all there
But who was the visitor
In the red chair?

“Meet Starlett!” Miss Liu said.
“She came here from Mars.
That’s up in the sky,
With the planets and stars.”



The class gathered ‘round.
There’s a new friend today!
They’ll have so much to learn—
They’ll have so much to say!



For snack time, the class chose
A nice healthy snack.
They had learned that a sugary
Snack could cause ACIDIC PLAQUE.

Starlett said that the veggies
And cheese did look yummy.
“But where is the candy
To go in my tummy?”



Smiling Chart

2
2 dentists

3
3 toothbrushes

4
4 toothpaste tubes

6
6 apples

7
7 pieces of cheese

8
8 glasses of water

10
10 bright smiles

BRIGHT SMILES, BRIGHT FUTURES
Colgate



The new friends told Starlett:
To keep your smile bright,
Limit sugary snacks
And brush morning and night!



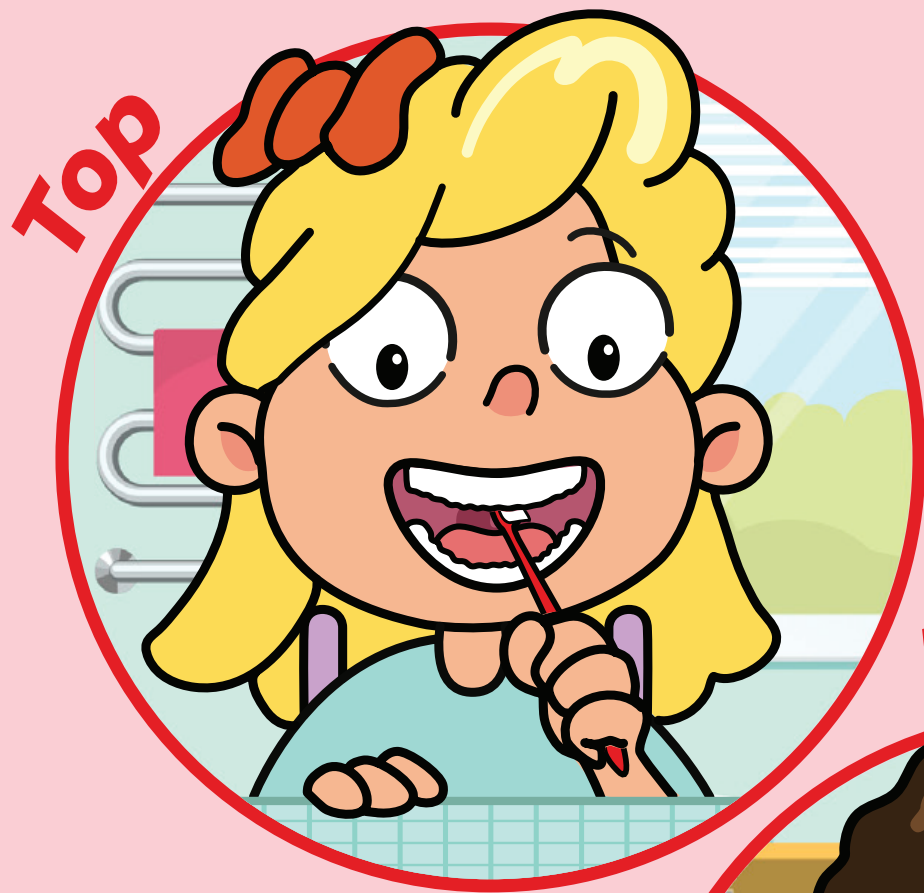


Now snack time was over.
Let's teach her to brush!
The friends made sure Starlett
Didn't brush in a rush.

"You add fluoride toothpaste
A smear is all you need.
Your smile will be bright—
You can show it to me!"



Go slowly, they told her
And brush every one.
Top, bottom, inside, outside—
And the tongue. Now we're done!



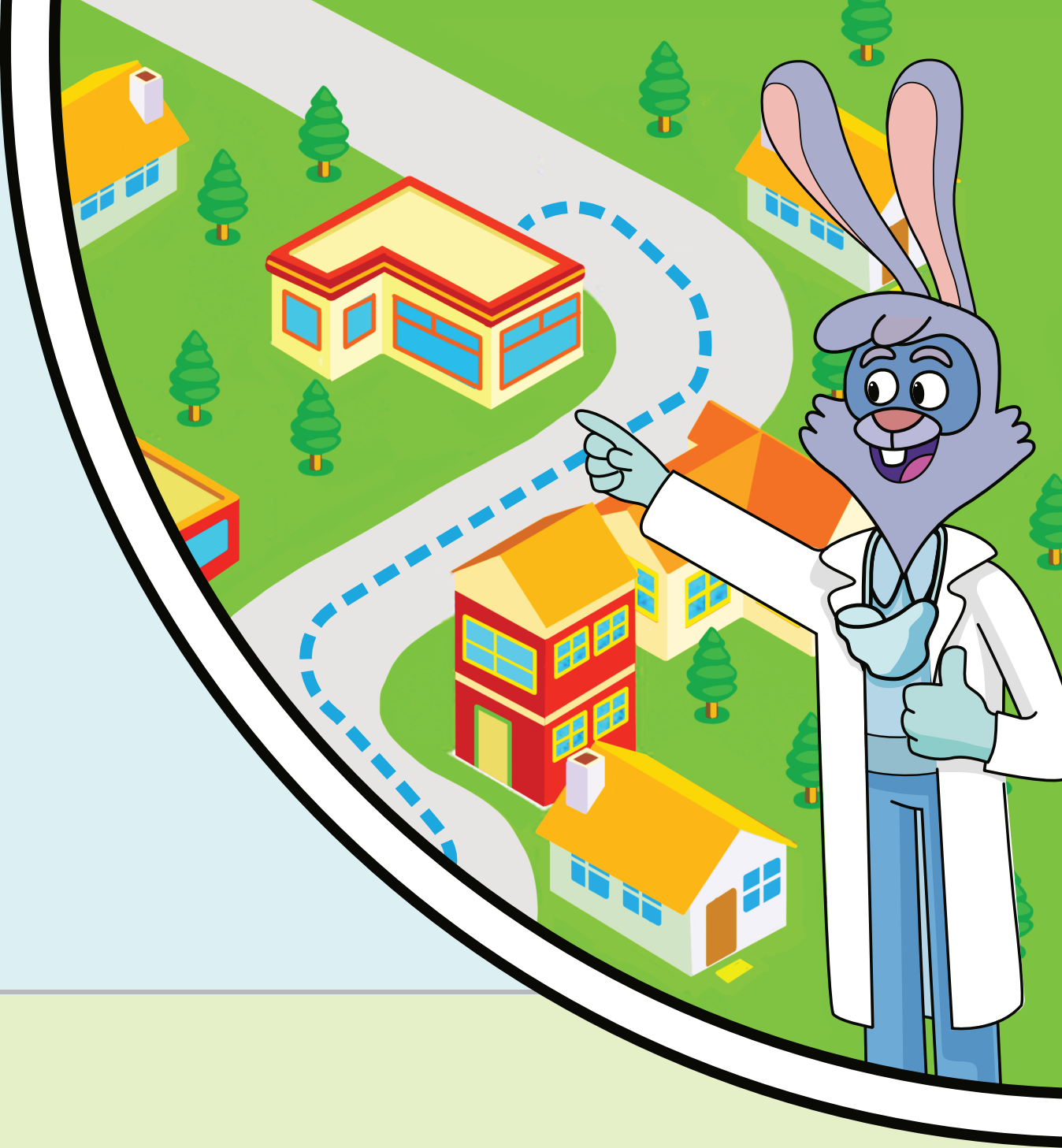
Miss Liu said, “Well done!
You all brushed the right way
Now, what else can we do
On this magical day?”

The kids didn’t want
Their friend’s visit to end.
“Let’s take Starlett to meet
Dr. Rabbit — our friend!”



“Dr. Rabbit?” asked Starlett
She thought it was funny
That the kids had a friend
With a name like a bunny.

“He’s the dentist,” smiled Baxter.
“Every year, see him twice.
He checks to make sure
Teeth are healthy. He’s nice!”



The kids were excited
To see him again
And have him say hi
To their brand new good friend.

He greeted the children
And Starlett could tell
That a dentist takes care of
Our bright smiles so well.



Now the visit was over
For their friend from the sky
The kids all felt sad
To tell Starlett goodbye.



But she smiled. “Thanks to you
Now I know what to do.
Healthy snacks and a dentist
Make MY smile bright, too!”

“You taught me to brush
Oh my friends—you are STARS!”
And with toothbrush and
fluoride toothpaste in hand
Starlett flew back to Mars.



Reading Tips

Reading stories multiple times allows children who have not yet mastered reading words to focus on the content/messages of the stories.

This book is in rhyme to help children learn how language works. Rhyme in books helps children to be able to make predictions while reading and helps them experience sounds in words.



Pg. 1

Ask: “What was Baxter doing before school?”

Remind children that they should brush after breakfast and before bedtime.



Pg. 2-3

Ask: “What do you notice about outside the classroom? How do you think our ‘new friend’ is feeling on her first day of school?”

Have children look for connections between this classroom and their own.



Pg. 4-5

Ask: “What do you notice about the snacks shown? Do you know what plaque is?”

Remind children that choosing non-sugary snacks helps keep teeth healthy. Together make a list of favourite healthy snacks.



Pg. 6-7

Ask: “How many times a day should you brush your teeth? How much toothpaste should you use? What are the steps you should take when brushing your teeth?” (top, bottom, outside, inside, and tongue)



Pg. 8-9

Ask: “Who has visited the dentist recently?”

Have children share their experiences. Remind students that it is important to visit the dentist regularly.



Pg. 10-11

Ask: “What do you notice about the dental clinic?” (dental chair, x-ray machine)

Together, create a list of ways the dental professionals help to keep teeth healthy (cleaning, checking teeth, x-rays).



Pg. 12-13

Review the steps children can take to have a Bright Smile.



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